

### Conflict Resolution Resources

Here's a short list of places to learn more.

Books and on-line reading:

*Non-Violent Communication*, by Marshall Rosenberg

*Conscious Communication*, by Miles Sherts

*Sitting in the Fire*, Arnie Mindell

Restorative Circles: [www.restorativecircles.org/](http://www.restorativecircles.org/)

Laird Schaub's blog: [communityandconsensus.blogspot.com](http://communityandconsensus.blogspot.com) has a variety of articles about conflict resolution

Courses and Practices:

Anything that encourages personal growth and self-responsibility, such as:

- Re-evaluation Co-counseling—aka Peer Counseling ([www.rc.org](http://www.rc.org))
- Vipassana meditation ([www.dhamma.org/](http://www.dhamma.org/))
- The Work ([www.thework.com](http://www.thework.com))
- *The Four Commitments*, by Don Miguel Ruiz

Anti-oppression work

- Workshops led by people of color on race, by poor and working class people on class, and by women, trans and non-binary folks on gender are offered in many places, and most organizations could use support in these areas!
- AORTA is a great organization for communities, nonprofits and social change groups  
[www.aorta.coop](http://www.aorta.coop)

Further relevant workshops with Yana Ludwig include: longer versions of Getting In and Out of Conflict, Building the Skills of Cooperative Culture, (Guerilla) Consensus, and workshops on Racism and Classism in Community (taught with partners). See her website: [www.YanaLudwig.net](http://www.YanaLudwig.net)